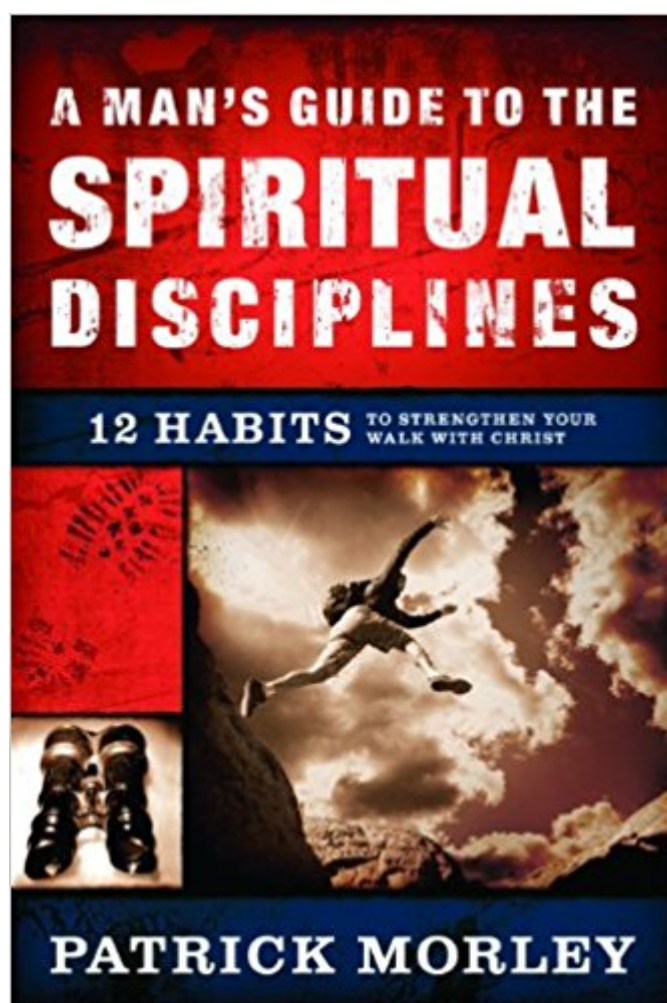


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# A Man's Guide To The Spiritual Disciplines: 12 Habits To Strengthen Your Walk With Christ



## Synopsis

Spiritual disciplines are to the believer what medical school is to the doctor. "A man came up to me at a conference where I was speaking and said, 'Pat, do me a favor. Tell me how to be good. I already know how bad I am.'" That statement captures the intent of this book and the purpose of the spiritual disciplines. Spiritual strength, like surgical skill or athletic excellence, requires training and practice. To become the kind of man who walks with God and wields Christ's influence in your world, you will want to begin a consistent regimen of spiritual exercises. In *A Man's Guide to the Spiritual Disciplines*, Patrick Morley highlights twelve habits that will strengthen your walk with Christ, including: Experiencing God in creation Letting the Bible change your life Learning the power of prayer Grasping God's greatness through worship Gaining strength through Sabbath Thriving because of fellowship Succeeding through wise counsel By presenting each discipline with a concise overview, several examples, and application ideas to get you going, this powerful guidebook will help you develop the maturity every man of God was designed to reflect.

## Book Information

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## Customer Reviews

Morley's book demonstrates his passion to help men become devoted disciples of Jesus Christ. He knows that the life of a disciple is characterized by discipline. And yet, he avoids the errors of those who see the disciplines as ends in themselves and thus muddy the pure waters of the Gospel. -Donald S. Whitney, professor of biblical spirituality, The Southern Baptist Theological Seminary; author of *Spiritual Disciplines for the Christian Life* and *Spiritual Disciplines Within the Church* Patrick Morley has helped a generation of men reflect on what they should be in God's

sight.Â Now, A Manâ™s Guide to the Spiritual Disciplines will help thousands more to manifest the character of God in the twenty-first century.-R. Kent Hughes, pastor, College Church in Wheaton, and author of Disciplines of a Godly Man

âœSpiritual disciplines are the regular practices men cultivate when they want a closer walk with Christ.Â The spiritual disciplines can help us break a cycle or get out of a rut.Â Disciplines are the spiritual habits by which we cultivate a deeper relationship with the Lord of heaven and earth.Â We perform the disciplines because we want to please God, to lead peaceable lives, to be godly husbands, to raise godly children, and to be men of God."Â âœAn athlete who lifts weights as part of a training regimen probably doesnâ™t lift just because he loves pumping iron.Â He probably wants to improve his strength and endurance (and possibly his appearance).Â Similarly, the disciplines are not ends in themselvesâ"they are a means to an end." âœSpiritual disciplines do nothing to improve your record with God.Â We donâ™t perform the disciplines to make God happy (or avoid His wrath), or to earn favor or merit with God.Â All the merit we need, we already have in Christ.Â We place our trust in Godâ"not in the disciplines."Â âœNevertheless, disciplines demonstrate to God how serious we are about following Him, and they also help us see how serious we are as well.Â When all is said and done, spiritual disciplines are the designated means for us to grown in this relationship that we have with Jesus.Â God is always speaking, so if we donâ™t hear Him, itâ™s not because He has suddenly gone silent.Â It is more likely that we arenâ™t listeningâ"or perhaps donâ™t know how to listen.â•â"From A Manâ™s Guide to the Spiritual Disciplines

Another excellent book from Morley. I discovered this author just a few months ago and have read several of his books since then. Great information presented in a way that every man can identify with.

As a Men's ministry leader I find this book spiritually positive and an effective teaching tool for our ministry. Thank-you for your insight & guidance Pat!

Do you want a closer walk with God ? This book will help you toward that end, as it is a continuing process.

This book is fantastic! I read it on my own, and then as part of a mens small group Bible study. Both

times it was incredibly helpful and enjoyable. This book just makes sense, and gets you to think about these disciplines as necessary steps without talking down or getting preachy. Reading a new chapter each week helped give me a new focus for the week, and before moving on to the new week, I had already established a new habit. Would recommend or gift this book to any man!

Great book! It challenges men to step up and be intentional about our spiritual lives. I definitely recommend it and took many notes

Good product, good price and great delivery time!

All christian men who want to deepen their spiritual walk should read this book.

One of the best books for men to read or discuss with other guys growing in Christ. Pat's teaching is solid application how to walk in Christ as a man.

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